

Sample Lunch Menu

Appetizers

Jerk Shrimp skewers

romesco sauce | olive oil | micro herbs

Roasted Grape & Fennel Flatbread

Soft tomatillo cheese | chef made flatbread | herbs

Soup

Roasted Corn & Squash

Coconut milk | garlic | onion | herbs

Salad

Choose One

Arugula Kale Caesar Salad

shaved parmesan | signature sunflower seed granola | fresh caesar dressing

Iceberg + Red Cabbage Salad

shredded iceberg lettuce | shredded radicchio | bacon crumble
capers | fried quinoa | blistered cherry tomatoes | creamy herb dressing

ENTREE

Choose Up To 2 Protein Preparations

Spiced & Seared Steak w/ Béarnaise

Hanger Steak | Ribeye | NY Strip | Or Filet

Seared Salmon w/ Béarnaise

Crispy Chicken Thighs w/ Peppercorn Jus

W/

Old Bay Seasoned Fries & Seasonal Vegetable Medley

Dessert

Choose One

Blueberry Fried Pies

meyer lemon glaze

Apple- Lemon Doughnuts

vanilla cream

Banana Nut Bread

coconut banana cream | maple orange tossed fresh berries | banana chip crumble

Vanilla Bean Panna Cotta

port wine marinated Strawberries | blackberries | shaved white chocolate
olive oil | flaky salt